



Bel Air
CHURCH

HELP FOR THE JOURNEY (WEEK FOUR)

DAY ONE “FREEDOM FROM CONDEMNATION”

Read

“Therefore, there is now no condemnation for those who are in Christ Jesus.” (Romans 8:1)

“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” (1 John 1:9)

Consider

1. Are you aware of your shortcomings?
2. Are you aware of your community’s shortcomings?

In Your Life

1. What is your process of reflection and action when confronting individual sin and collective sin?
2. What feelings do you feel? Can you name them?
3. What action steps can you think of spiritually and pragmatically?

Pray

We are thankful for your mercy and grace Lord Jesus Christ. Please help us ponder how we have fallen short individually, but also as a community. Guide us Holy Spirit into peace and love for our brothers and sisters.

DAY TWO “A TRANSFORMED SORROW”

Read

“Then maidens will dance and be glad, young men and old as well. I will turn their mourning into gladness; I will give them comfort and joy instead of sorrow.” (Jeremiah 31:13)

Consider

1. Does your sorrow seem to last forever? How does this Bible verse communicate otherwise?
2. If God has a beautiful goal for you, can you see the same for yourself?

In Your Life

1. Do you consider yourself empathic?
2. If you have been challenged and suffered, is there a possibility to transform from those circumstance to help others?

Pray

Mighty God, we are suffering daily. We look to You, the One who has suffered, and request your strength. Allow us to reflect upon our experiences and situations. Please bring to our paths who have suffered and are now healed to model victory. Please bring to our paths those who are suffering so we may be a conduit of hope and healing.

DAY THREE “AN INVINCIBLE HOPE”

Read

“Brothers, we do not want you to be ignorant about those who fall asleep [die], or to grieve like the rest of men, who have no hope.” (1 Thessalonians 4:13)

Consider

1. What is hope to you?
2. What does hope look like for you in your current circumstance?
3. Is there power in hope?

In Your Life

1. How would your grieving change if you knew you would see your loved ones again?
2. What are your hopes and dreams attached to?

Pray

Where does our hope lie? It lies in You Lord Jesus Christ. Our belief in your Resurrection confirms it. May our hope become invincible.

DAY FOUR “THE GREATEST BOOK IN THE WORLD”

Read

“All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work.” 2 Timothy 3:16–17

Consider

1. How can you be equipped by God?
2. What are good works?

In Your Life

1. How important is Scripture in your life?
2. Can you live without Scripture?

Pray

Thank You Lord for leaving us with something to give us hope. Allow us ample time during the day to meditate upon Your Word. Grant us growth!

DAY FIVE “WORSHIP”

Read

“Come, let us bow down in worship, let us kneel before the LORD our Maker.” Psalm 95:6

Consider

1. Is there only one way to “worship”?
2. Does anything inspire you to worship?

In Your Life

1. Do you like worshipping alone or with a community?
2. What does that worship look like?

Pray

You alone are God. You alone deserve all praise, glory, honor, and worship. May we worship You with all our hearts and minds. May every thought, action, and behavior reflect Your love.